



# The University of Chicago

5841 S. Maryland Avenue, MC 3077  
Chicago, Illinois 60637

- ❖ Please remember to bring the map and directions with you for your appointment.
- ❖ Please allow for approximately 20 minutes of travel time once you have parked your car to arrive in the Eating Disorders Program
- ❖ Should you have any questions on the day of your appointment or need additional assistance please call Kali Ludwig at 773-702-0789 or Kristen Anderson, LSW at 773-834-9180

## Directions to The University of Chicago Eating Disorders Program

**From Dan Ryan Expressway (I-90/94):** Exit at Garfield Blvd and turn left. Travel east on Garfield Blvd about ½ a mile to Washington Park. As you drive through the park, follow the blue “H” signs leading you to the University of Chicago Hospitals. When you reach 57<sup>th</sup> St., turn left. At the first light, turn right onto Cottage Grove Ave. At 58<sup>th</sup> St., turn left. Turn left onto Maryland Ave. The parking garage is located across from the entrance to the hospital at 5841 S. Maryland Ave.

**From Lake Shore Drive (from north):** Exit at 57<sup>th</sup> Drive (at the Museum of Science and Industry). Follow 57<sup>th</sup> Drive to the left as it curves around the museum and becomes Cornell Drive. Shortly after the museum, turn right onto the Midway Plaisance (just after the University of Chicago sign). Follow the Midway Plaisance west through the university campus to Cottage Grove Ave. Turn right onto Cottage Grove. Turn right onto 59<sup>th</sup> St. and then left onto Maryland Ave.

**From I-90/Chicago Skyway:** Exit at Stony Island Ave. Follow Stony Island north to the Midway Plaisance (after 60<sup>th</sup> St.). Turn left onto the Midway Plaisance to Cottage Grove Ave. Turn right onto Cottage Grove Ave. Turn right onto 59<sup>th</sup> St, and then left onto Maryland Ave.

**Parking:** You may either park on the street or in the Parking Garage located on Maryland Ave.

## Inside the Hospital

### **From the Parking Garage:**

Follow signs to the elevator to Bridge  
Get off at Bridge (BR) to enter the hospital and immediately turn right  
Follow Bridge Left to the hospital

Walk through Mitchell Hospital entrance, you will pass the Gift Shop, Reception and Admissions Services

Security may ask for you to sign in, please notify them you have an appointment in Psychiatry.

Once at the security desk stay to the right, you will pass Au Bon Pain on your left

Continue through the Bernard A Mitchell Hospital and make an immediate left

Follow signs above to the A elevators

The AWest Elevator bank will be on your left hand side

Take the A-West Elevator to the 3<sup>rd</sup> floor. The General Psychiatry registration room is directly across from the elevator. Please sign in with the receptionist on duty.

Please take the A-West elevator up to the 4<sup>th</sup> floor.

When you arrive at the 4<sup>th</sup> floor, take a right to room W-400, the Child Waiting Room of the Department of Psychiatry.

Please have a seat in the Child Waiting Room, and your clinician will meet you there for your appointment.