Beginning in July, the department established its inpatient teaching service at Chicago Lakeshore Hospital (CLH). Our adult inpatient service including 2 attendings, 2 residents, and rotating medical students has added to our presence at CLH. Inpatient addiction psychiatry training and inpatient Child and Adolescent training have occurred at CLH for many years. We have already made progress in research collaborations to occur at CLH. The CLH medical director is a member of our faculty, Dr Peter Nierman, and we look forward to an ongoing academic relationship.
Dr. Michael Marcangelo, M.D., FAPM, is now an Associate Professor in the Department of Psychiatry and Behavioral Neuroscience and the Director of Medical Student Education in Psychiatry. Since joining the faculty in 2008, he has served in the latter role, directing the third year clerkship and the second year course Human Behavior in Health and Illness. He continues to practice consultation psychiatry and now leads the C/L team at the University of Chicago three days a week. His clinical work also includes a liaison role with the lung and heart transplant teams and a transplant clinic for both evaluation and treatment of solid organ transplant patients. He also maintains an active psychotherapy practice. He has been named a Favorite Faculty by the graduating class of Pritzker medical students 5 years in a row and has been included in the composite graduation photo as a result. He received the 2013 Doroghazi Teaching Award for Clinical Teaching excellence and the 2014 L.D.H. Wood Preclinical Teaching Award from the medical students. Recently, he was named a senior faculty scholar for the Bucksbaum Institute. He continues to be involved in the development of a national psychiatric curriculum that can assist programs in meeting accreditation requirements and in curricular development here at University of Chicago. His goal is to continue to have a model medical student education program in psychiatry that advances student knowledge, improves their patient care skills, and recruits outstanding students into psychiatry.

Dr. Khalid Afzal and Dr. Sharon Hirsch discuss the effects of social media on children:  
http://chicagohealthonline.com/the-illusion-of-connection/

Drs. Stephanie and John Cacioppo on the neuroscience of loneliness:  
http://www.huffingtonpost.com/entry/loneliness-how-our-brains-are-wired_55c2294de4b0f7f0bebb17d3

Dr. Jon Grant on body focused repetitive behaviors:  
http://health.usnews.com/health-news/health-wellness/articles/2015/08/10/understanding-body-focused-repetitive-behaviors

Drs. Karam Radwan and Sharon Hirsch on "miracle treatments" for autism:  

Dr. Seeba Anam on "how to monitor you child's screen time":  
http://www.fox32chicago.com/mornings/6501269-story

Chair’s Awards: 2014-2015

Most Outstanding Member of Faculty:  
Royce Lee / Deborah Spitz

Best Teaching Among Faculty:  
Sarah Keedy / Joseph Cooper

Best Scholarship Among Faculty:  
Andrea King / Marie Tobin

Best Citizenship Among Faculty:  
Kate Keenan / Danielle Anderson

Trainees’ Awards for Teaching Faculty:  
2014-2015

Danielle Anderson (PGY I)  
Joseph Cooper (PGY II)  
Jon Grant (PGY III)  
Harry Trosman (PGY IV)

Overall Teaching: Marie Tobin

C&A Teaching: Sharon Hirsch & Karam Radwan

Clinical Psychology Teaching: Shona Vas

Examples of recent peer-review publications from our faculty include:


Daniel Yohanna, M.D., Vice-Chair and Director of Clinical Affairs & Section Chief of Adult Psychiatry

There have been many changes in healthcare delivery at the University of Chicago in the past few years. What began as a strategy of being small and distinctive has changed to the development of an expanding network of primary care services to serve more people and in turn, serve those who will need complex tertiary care. This strategy has great impact on Psychiatry since we know at least 1 in 5 primary care patients have a psychiatric diagnosis. This is especially true for our Medicare patients who are either elderly or disabled. Although there will be growing pains, it is an exciting time for the Department of Psychiatry and Behavioral Neuroscience (DPBN) as we develop more innovative ways to provide mental health services through better education of other physicians, protocols, embedding services in other programs and collaborative projects with mental health specialists. There is a special need for mental health services for our new Medicare Advantage Program (MAP). MAP is a capitated contract of some 470 patients of which 29% have a mental health problem. Also significantly more of those with mental health problems use the ER or urgent care. (Laiteerapong 2015 unpublished data) Over the next year or so UCM plans to hire a new psychiatrists and psychologists for oncology, Ob/Gyn, and geropsychiatrist, a hospitalist, a Child psychiatrist and psychologist and social workers for primary care and to provide psychotherapy for Medicare and commercial insurance patients. This will complement our current collaborative relationships or embedded clinicians in oncology and primary care. Although the transition is difficult, we expect this trend of delivering mental health services in new models to continue to grow. As they say "No Pain, No Gain!"

Andrea King, Ph.D., Research Section Chief & Mission Director for Research

The Research Section continues to be very productive and competitive for federal funding dollars. One particular highlight is the $3.7 million BSNIP (Bipolar and Schizophrenia Network for Intermediate Pheno types) grant awarded late this summer to Dr. Elliot Gershon, Principal Investigator, with Drs. Sarah Keedy, Judith Badner, and Robert Gibbons as Co-Investigators. The grant supports a 5-site (UC, Harvard, Yale, UT Southwestern, U Georgia) investigation addressing the overlap in neurobiology and genetics among individuals with major psychiatric disorders. In its first study, the BSNIP consortium used neurobiological measures to develop classifications for patients with psychosis called "Biotypes," superior to the current diagnostic system for capturing neurobiological similarities. This next 5-year study will entail studying 3000 more participants to refine the Biotype definition and to characterize unique molecular and genetic features of subgroups. Dr. Gershon provides broad intellectual leadership for the consortium as well as particular expertise in genetic analyses. Dr. Badner provides genetic data curation and analysis guidance. Dr. Keedy oversees neurobiological data acquisition and analyses, with emphases on inter-site reliability, MRI, and cognitive data. Dr. Gibbons will apply his sophisticated multivariate approaches to work on the identification of meaningful subgroups. Overall this work is aimed at moving psychiatry closer to personalized medicine and to biologically-based diagnoses.

Karam Radwan, M.D., FAPA Section Chief C & A, Director, Child & Adolescent Psychiatry Fellowship Program

The Child and Adolescent Psychiatry Department welcomes a new Interim Section Chief! The previous section chief, Dr. Sharon Hirsch, has taken a new position at the University of Wisconsin, Madison. We wish Dr. Hirsch good luck in her new job and congratulate Dr. Karam Radwan as the newly appointed Interim Section Chief. This year promises to be one of growth as the section has teamed up with The Little Company of Mary and LaRabida Hospitals to provide one day out of the week psychiatric care to patients. As we move forward into fiscal year 2016, Dr. Radwan and his colleagues plan on working diligently to recruit, strengthen and rejuvenate the section. We look forward to a successful FY2016 and beyond.

Deborah Spitz, M.D., Director of Education

Research Training in Residency

Among the goals of training residents, interns and fellows is to foster research literacy and engagement in research projects. While psychology interns enter our program having completed significant research in their Ph.D. programs, many residents and child fellows have had limited research experience. Throughout residency, there are many opportunities for residents to work with faculty on developing research projects, and these collaborations in recent years have resulted in the following presentations at national meetings:

- Paige Marnell, MD presented "Diagnostic Challenges in Catatonia Related to Hepatic Encephalopathy" at the Academy of Psychosomatic Medicine.
- Amy Yang, MD presented "Prevalence of Dermatological Illness in Patients with Anxiety Disorder" at the American Psychiatric Association.

We are very proud of the work of these residents to help translate the knowledge they gained in residency to enrich the greater scientific community. In the final year of their training, for Research Day, all residents and child fellows present research projects in which they were collaborators, or designers and investigator.
Seeba Anam, M.D., joined the department as an Assistant Professor in October 2013. She obtained her medical degree from the University of Illinois at Chicago. She completed her adult psychiatry and child and adolescent psychiatry training at the New York University Langone Medical Center/ NYU Child Study Center, where she subsequently served as a Clinical Instructor. Dr. Anam’s interests include the impact of culture on the development and trajectory of child and adolescent psychiatric disorders, dissemination of culturally informed medical care, childhood adversity, and global mental health. Her recent efforts have focused on expanding the UC Global Mental Health Initiative to establish both institutional and international partnerships. In addition to fostering relationships with the UC Center for Global Health and the newly launched UC Center for Asian Health Equity, she has been cultivating relationships with mental health education providers in several South Asian countries. She enjoys teaching and supervising adult and child psychiatry and psychology trainees on the Consult-Liaison service, the Mood and Anxiety Disorders Clinic, General Child Psychiatry Clinic and the Eating Disorders Program. She has recently expanded her didactic responsibilities to serve as the course director of the adult and child psychiatry trainees, as well as Cultural Psychiatry for the adult and child psychiatry trainees.

Shona Vas, Ph.D. can hardly believe that she has been at the University of Chicago for over 10 years! She is the Director of the Cognitive-Behavior Therapy (CBT) Program which she started in 2006. The CBT Program has grown exponentially in the past few years with several trainees and faculty now providing CBT. We welcomed Drs. Lindsay Brauer, Nancy Beckman, and Dan Fridberg who supervise psychology trainees and psychiatry residents in CBT and also offer clinical services. Dr. Vas collaborated with Dr. Silvana Pannain in the Section of Endocrinology to develop Chicago Weight, a multidisciplinary program at the U of C’s Huron location, focused on weight management. Dr. Andrea Busby, our newest clinical psychologist, will be joining this program in 10/2015 to provide behavioral health services. Dr. Vas is also the Director of Clinical Psychology Training and oversees the department’s predoctoral psychology internship program as well as multiple externship programs offered by Adult and Child faculty. We currently have 5 psychology interns, 40 psychology externs, and 2 postdoctoral fellows. In addition to clinical supervision, Dr. Vas is also teaches an introductory and advanced CBT course and coordinates a year-long seminar on professional development. Dr. Vas and our postdocs are in the process of developing and validating a measure by which trainees can evaluate their supervisors.

Dr. Keenan, Ph.D., is currently Professor of Psychiatry and Behavioral Neuroscience. Her program of research in developmental psychopathology spans several developmental periods and phenotypes. The integrative thread running through each study is the aim of identifying the earliest appearing individual differences that connote risk for psychopathology, and the factors that are associated with the transition from risk to the expression of a disorder. The work is designed to be relevant to the understanding of causal mechanisms and to the development of prevention interventions. Most recently, Dr. Keenan is conducting studies to test the hypothesis that modulation of prenatal stress via a nutritional intervention improves developmental outcomes. A preliminary, randomized controlled trial of fatty acid supplementation among pregnant African American women living in urban low-income environments yielded significant effects on maternal perceived stress and cortisol response to a controlled stressor, birth outcomes, and infant cortisol response to stress. Dr. Keenan will be conducting a larger trial beginning this Fall.

Dr. Marie Tobin and a PGY3 resident. Specialized psychologist services are provided in the Oncology Clinic by Drs. Siston and Beckman and their psychology trainees. Psychiatric and psychological services are greatly enhanced by close collaboration with the three dedicated outpatient oncology social workers.

Program in Psycho-Social Oncology
Psychological, psychiatric, and social services are provided to both inpatient and outpatient oncology. Outpatient services are provided by a multidisciplinary team comprised of psychiatrists, psychologists, dedicated social workers and ancillary staff. Integrated psychiatric services are provided in the Oncology Clinic by Drs. Siston and Beckman and their psychology trainees. Psychiatric and psychological services are greatly enhanced by close collaboration with the three dedicated outpatient oncology social workers.

Referrals to this program are made by the treating oncology teams, augmented by a formal screening program of all new patients, aimed at identifying mental health needs. Referrals to the program can be made directly in EPIC and a streamlined process has been put in place to connect patients with appropriate services in a timely manner. The number of patient referrals continues to increase steadily.

The mental health needs of hospitalized cancer patients are addressed, primarily by the Consult-Liaison (CL) Psychiatric Team. The CL services provided to cancer inpatients are augmented, on an as needed basis, by Drs. Beckman and Sistom and by the work of a dedicated group of inpatient oncology social workers. In addition to weekly clinical meetings, a monthly case conference, involving both the inpatient and outpatient teams is held to provide the opportunity for clinical review and educational discourse.

Psycho-Social Oncology Services are provided under the auspices of the Supportive Oncology Program. We look forward with excitement to the opening of the new Supportive Oncology Center and the consequent opportunities for greater collaboration between supportive services and increased capacity to provide mental health services to cancer patients.
New Psychology Interns

Fabiana Araujo (Adult/Health Track) hails from Brazil, and is currently in the Ph.D. program at the Illinois Institute of Technology. Fabi is trilingual in English, Portuguese, and Spanish. Her dissertation examines the association between psychological factors and glycemic control.

Shana Franklin (Adult/Health Track) attends the Ph.D. program at the University of Wisconsin, Milwaukee. Shana is originally from Chicago and is excited to return to the area. Shana’s dissertation explores affective experiences and other variables in non-suicidal self-injury.

Joyce Tam (Adult Neuropsychology) is in the Ph.D. program at Washington State University and is certified in Health-Assistive Smart Environment Design. Her dissertation involves the development of a video and telephone based-intervention to improving aging services and awareness of technology in aging adults.

Brian Shields (Child Track) is completing his doctoral degree at Temple University. He has received numerous awards including from the American Psychological Association and the National Institute on Drug Abuse. Brian’s dissertation examines parenting and child behavior problems throughout childhood and adolescence.

Helen Tam (Pediatric Neuropsychology) is completing her Ph.D. at Penn State University. Her dissertation examines the role of gene-environment interactions on temperament and cognitive control.

New Adult Psychiatry Residents

Dustin (Ashkawn) Ehsan, MD comes to us from the University of Oklahoma were he was an active member of student government including serving as his medical school's class president. Ashkawn is fluent in Persian and enjoys all things outdoors, cooking, traveling, movies, discovering new music, learning about the various cultures of the world, and spending quality time with my friends and family.

Michel Medina, MD comes to us from Drexel where he was the president of the Latino Medical Student Association and founded a student organization dedicated to teaching Medical Spanish. Michel moved to Miami from Chile in his youth. He speaks French in addition to his native Spanish, and his outside interests include tennis, soccer, chess, traveling, and cars.

Louisa Olushoga, MD joins us from UIC where she won the National Medical Fellowship for her work with underrepresented communities. She also has international experience setting up medical clinics in Nairobi, Kenya. Another French speaker, her outside interests include spending time with husband and children, cooking, traveling, and volunteering within her church community.

Lauren Robinson, MD comes to us from Tulane where she served as president of Music in Medicine and the Family Medicine Interest Group. Before medical school she was a research fellow at the CDC and published and presented her work extensively. Her academic interests include community psychiatry and public health. Lauren is the bassist and vocalist in the rock band Jesse Tripp and the Nightbreed, and her other interests include yoga, running, motorcycle riding, snowboarding, vintage guitars and amplifiers, science fiction, classical music, renaissance art, and vinyl collection.

Kristina Thurin, MD joins us from Thomas Jefferson where she was active in research and the psychiatric interest society. She completed a medical school rotation in Poland where she got to use her Polish language skills. Kristina worked at the NIMH before medical school studying the heritability of cognitive phenotypes in schizophrenia using fMRI and published a first author paper in Molecular Psychiatry. Her outside interests include reading, baking, piano, travel, running, rowing, and skiing.

Kathryn (Kat) Weaver, MD comes to us from the University of Minnesota where she served as co-chair of the Global Health Impact Group and was awarded as a Global Health Scholar for her work on medical education in Burma. She completed a medical school rotation in Stockholm, Sweden. Kat speaks Korean and a basic amount of Japanese and Spanish. Her outside interests include rock climbing, biking, sports (soccer, broomball, ultimate frisbee), Taiko (Japanese drumming), knitting, and Korean language / Asian studies.

Spotlight on Trainees

Joan Roig Liesuy, M.D., is a 3rd year psychiatry resident at the University of Chicago. He earned his MD at the Universitat de Barcelona, in Catalonia (Spain). He completed a psychiatry residency at the Universitat de Barcelona and was working as an attending at Hospital del Mar, Barcelona. He decided to move to the USA to pursue further training and sub specialization. He is interested in the interface between medical, neurological and psychiatric disorders and is currently conducting research studies to investigate catatonic states in the general hospital. His career goals are to complete a fellowship in psychosomatic medicine or neuropsychiatry, continue research and pursue an academic psychiatry position.

Kavita Jayaswal, M.D., is currently a third year psychiatry resident at the University of Chicago. She attended medical school at the University of Illinois Chicago–Peoria Campus and graduated in 2013. She has interests in cultural psychiatry and hopes to promote mental health awareness in minority communities, specifically the South-East Asian communities in the Midwest. She is currently working on creating a series of lectures to give at a community temple in Bloomington/Normal on a mental health topics including: mood disorders, psychosis, suicide and common cultural misconceptions about mental health disorders and treatments. She is also interested in working with minority women and children who have experienced sexual trauma and hopes to pursue a fellowship in Child Adolescent Psychiatry in the upcoming year.

Neuroethics Lecture Series

The Maclean Center for Medical Ethics and the Grossman Institute for Neuroscience, Quantitative Biology, and Human Biology are co-sponsoring a lunchtime lecture series on Neuroethics during the 2015-2016 academic year. Our faculty member Dr. Elliot Gershon helped plan this excellent series, ranging from topics on Psychoanalysis to Autonomy to Neural Systems Engineering, to name a few. It is to be held Wednesdays from noon to 1:30pm in H-103, and advance registration is recommended. For more information please see the flyer at: http://d3qi0qp55mx5f5.cloudfront.net/macleanethics/menus/MacLean_Seminar_Series_2015-2016_Flyer-Updated_8-19-2015.pdf
Adult Psychiatry Programs:

- Mood Disorder Program*
- Addiction Disorders Program*
- Anxiety Disorder Program*
- Personality Disorder Program*
- Aggression Disorder Program*
- Obesity Program
- Psychotic Disorder Program*

Inpatient Psychiatry
Consultation-Liaison Psychiatry
Adult Clinical Neuropsychology

Child & Adolescent Programs:

- Mood & Anxiety Disorder Program*
- ADHD and Disruptive Disorder Program*
- Developmental Disorder Program*
- Eating Disorder Program*

Inpatient Psychiatry
Consultation-Liaison Psychiatry
C&A Clinical Neuropsychology

*Call Intake @ (773) 702-3858

The University of Chicago

Department of Psychiatry
MC #3077; Rm. B330
5841 S. Maryland Avenue
Chicago, IL 60637

We're On the Web:
http://psychiatry.uchicago.edu

Research Programs

- Addictive, Compulsive, & Impulsive Disorders (Dr. Grant)
- Behavioral Genetic Studies of Aggression and Antisocial Behavior, and Twin Studies (Dr. Jacobson)
- Behavioral Genetics (Dr. Palmer)
- Behavioral Neuroscience Research Laboratory (Dr. Vezina)
- Biologic & Pharmacologic Treatment Studies of Impulsive Aggression (Dr. Coccaro)
- Biological and Treatment Studies of Nicotine and Alcohol Addiction (Dr. King)
- Biological Studies of Stress and Personality (Dr. Lee)
- Cognition Emotion Neuroscience Laboratory (Dr. Keedy)
- Developmental Psychopathology (Dr. Keenan)
- Eating Disorders and Obesity Research (Dr. Goldschmidt)
- High Performance Electrical Neuroimaging Laboratory (Dr. Cacioppo)
- Human Neuropsychopharmacology (Dr. de Wit)
- Molecular Genetics of Mood & Psychotic Disorders (Drs. Gershon, Badner)
- Molecular Psychopharmacology (Dr. Dulawa)