

The University of Chicago

DEPARTMENT OF PSYCHIATRY & BEHAVIORAL NEUROSCIENCE

NEWSLETTER

VOLUME 3, ISSUE 3 SPRING 2010



CHAIR'S MESSAGE...

Welcome!

This is the third of three seasonal (Fall, Winter, and Spring) newsletters that our Department will be publishing each year. These newsletters are designed to inform faculty, trainees, and staff of current news in the Department and to let other outside the Department know about us and our activities. Our Department is dedicated to its three missions: Education, Clinical Service, and Research and is structured accordingly. Currently, we are implementing a strategic roadmap so that we will be more robust in each of these areas in the coming years.



Emil F. Coccaro, M.D.

E.C. Manning Professor & Chair

Department of Psychiatry &
Behavioral Neuroscience

“TOP STORY”

DEPARTMENT TO BROADCAST AND RECORD GRAND ROUNDS PRESENTATIONS



Technology has finally caught up with our aspirations regarding Departmental Grand Rounds (or is it vice versa?). Starting on April 8, 2010, the Department will begin to broadcast its Grand Rounds Presentations in “real time” to both NorthShore and to Mercy. The inaugural broadcast will be of Marsha D. Marcus, Ph.D. (left) from the Department of Psychiatry at the University of Pittsburgh. Her talk will be entitled: *“Obesity and Psychiatry: Current Perspectives”*. This presentation will also be recorded so that it will be available for others to view on their own time if they could not attend the presentation or the broadcast or if they simply want to see it again. Ultimately, the Department will have an archive of our Grand Rounds presentations on DVD if not, also, on our website. Another possibility is to have these recordings available to provide for CME credits to alumni and possibly outside psychiatrists in the “Chicagoland” Area. The Department is particularly proud of its Grand Rounds Programs. Currently, there are two sessions per month from September through May. One speaker per month is from outside the U of C and one is from inside the Department. Nearly half of our outside speakers have been members of the ACNP, an Elected-Membership College representing the field of Neuropsychopharmacology. Luminaries that have presented here include: Nobel-Laureate, Eric Kandel, M.D., NIMH Director, Tom Insel, M.D., Glenn Gabbard, M.D., and many others.

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UPCOMING EVENTS:

- Education Day (Ida Noyes Hall,
1-4 PM on 6/14)
- Resident Research Presentations
(M347: 3-5 PM on 6/10)
- Graduation & Faculty Appreciation at
Home of the Chair (6/10: 6-9 PM)
- Grand Rounds: L168 (12-1:30 PM)
M. Marcus, Ph.D., U Pitt (4/8)
J. Fink, Ph.D., U of C (4/15)
S. O'Malley, Ph.D., Yale (5/13)
T. Drossos, Ph.D., U of C (5/20)
- Case Conference:s L168 (12-1:30 PM)
K. Afzal, M.D. (C&A Fellow: 4/22)
J. Ediden, M.A. (Intern: 4/29)

TOP STORY (CONTINUED)

Next year our "External-Guest" Grand Rounds Speakers are:

Maurizio Fava, M.D. (MGH-Harvard): Mood Disorders (9/23/10)

Charles Schuster, Ph.D. (Wayne State): Addictions (10/14/10)

James Leckman, M.D. (Yale): C & A Psychiatry (11/11/10)

Cameron Carter, M.D. (UCI): Imaging & Schizophrenia (1/13/11)

Francisco Castellanos, M.D. (NYU): C & A Psychiatry (2/10/11)

Stuart Yudofsky, M.D. (Baylor): Neuropsychiatry (3/10/11)

David Rubinow, M.D. (UNC): Psychosomatics (4/14/11)

Cindy Bulik, Ph.D. (UNC): Eating Disorders (5/12/11)

CLINICAL MISSION: ADULT PSYCHIATRY



Daniel Yohanna, M.D., Vice-Chair and Director of Clinical Affairs & Section Chief of Adult Psychiatry.

Several staff changes have occurred in the Outpatient Programs worth noting in this Spring Newsletter.

We have hired a third intake staff member, Katie Gilbert, a licensed clinical social worker, who will work with our other intake staff, Valeria Wainwright and Twanya Fuches. We will utilize her clinical background, to improve the screening process and appropriate placement for patients into the adult or the child and adolescent clinics or to outside resources. Please welcome Katie to our intake team.

Our very capable, advanced practice nurse, Anna Bower, has left the program for a practice near her home in Indiana. Anna was critical in managing our Monday Afternoon Clinic (MAC), which treats patients with primarily psychotic disorders. She also managed all the patients receiving depot, long-acting antipsychotic medications and all those on Clozapine, a medication requiring up to weekly blood monitoring. Anna saw individual patients and ran several groups. She was also instrumental in our quality management program. She will continue to teach residents in group and family therapy. We are in the process of recruiting a placement. For an appointment to our outpatient program, call our intake number at 773-70-ADULT (2-3858)

TRANSITIONS

Our three graduating PGY-3 & PGY-4 Trainees have terrific plans for the next phase of their careers:



Joseph Cooper, M.D., will be a Fellow in Neuropsychiatry with Marsel Mesulam, M.D. at Northwestern University beginning this July.



Robert Marsielle, J.D., M.D., will begin his one year Fellowship in Addictions at Northwestern this July.



Ni Liu, M.D., will begin her fellowship training in Child & Adolescent Psychiatry, here at the University of Chicago, this July.



Sibyl Simon, M.D., will begin private practice in psychiatry in the Fall.

Our graduating C&A Fellows also have terrific plans for the next phase of their careers:



Khalid Afzal, M.D., will be joining our Department as Director of C-L Psychiatry in the C&A Section this July.



Astrid Herard, M.D., will be starting in private practice as a C&A Psychiatrist in Kankakee this July.

CLINICAL MISSION: C&A PSYCHIATRY



Sharon Hirsch, M.D., Director of C&A Psychiatry.

The Section of Child and Adolescent Psychiatry is out in the community! Thanks to a grant from the Women's Board, we have been working with Dr. Icy Cade Bell and the Comer Children's Hospital Mobile Unit in two area schools, Hyde Park Career Academy and Paul Revere Elementary School. One of the main tenets of the mobile unit is to improve the health of children and, thus, the strength and the future of the community as a whole. A major part of this must be the child's mental health. We consult in these two schools to increase the knowledge and understanding of psychiatric illness. In consultation with students, parents and teachers, we have offered a series of free educational lectures presented by senior Child and Adolescent Psychiatry Residents. Topics range from supporting someone in a time of grief to dealing with gang violence. We also offer individualized consultation to teachers and staff in the classrooms as requested.

In these days of dwindling resources, we know we can not provide treatment to everyone. We have delighted in our ability to help identification and understanding of psychiatric illness. It is a great joy to see children moved from the category of 'troublemaker' to 'troubled' so that they may receive assistance and become productive students once again. We have been fortunate indeed to team up with the Mobile Unit, Paul Revere and Hyde Park in this endeavor.

EDUCATION MISSION



Deborah Spitz, M.D., Mission Director of Education. Each year the Department sponsors Education Day, a mini-retreat where faculty and residents can focus on an educational issue in depth. Last year, speaker Franklin Medio, Ph.D., conducted a very successful workshop on Evaluation. This year the topic will be Feedback--an Essential Skill for Educators. In spite of the fact that we know feedback is essential in the development of trainees, many faculty and residents are not comfortable giving and getting feedback. Residency Training Directors sometimes complain that they get more information in the hallways than on evaluation forms. So, how can we operationalize the goals and objectives, and thus the progress, of each clinic or rotation or supervisory setting, so as to know exactly what to expect to learn or teach? How do trainees assess their own learning needs and articulate them so as best to direct their teachers' attention? And how can faculty be as specific as possible in speaking with trainees about strengths and areas to work on, and also get feedback themselves? Mark your calendars! This year's Education Day, on Monday June 14 from 1pm to 4:30 pm, will address just such issues through workshops and discussions.

We had a very successful match in all of the training programs, and we welcome the new interns, residents and child fellows who will start at the end of June. More about our new trainees in the next edition of the newsletter.

DEPARTMENTAL EVENTS & ACTIVITIES

Upcoming Events:

- Education Day: Ida Noyes Hall, 11-5 PM (6/14)
- Resident Research Presentations: M347, 3-5 PM (6/10)
- Graduation / Faculty Appreciation Reception at the Home of the Chair (6/10 from 6-9 PM)
- Grand Rounds: L168 (12-1:30 PM)
 - Marsha Marcus, Ph.D., U Pittsburgh (4/8)
 - Joseph Fink, Ph.D., U of C (4/15)
 - Stephanie O'Malley, Ph.D., Yale (5/13)
 - Tina Drossos, Ph.D., U of C (5/20)
- Case Conference::s L168 (12-1:30 PM)
 - Khalid Afzal, M.D. (C&A Fellow: 4/22)
 - Jennifer Ediden, M.A. (Psychology Intern: 4/29)

RESEARCH MISSION



Paul Vezina, Ph.D., Research Section Chief and Mission Director for Research. I am happy to announce that the Department's restructuring of the Pre-/Post-Award service is complete. Ms. Kai Jackson began in her position as Research Section Manager on February 1st (see pg. 5 for more about Kai). In the few short months since she started, Kai made significant headway by leading the next building phase of the restructuring process. I am also happy to announce that Ms. Jessica Chen has been appointed to the position of Grants and Contracts Administrator. We anticipate that she will join us in May. Ms. Chen worked in Pre-/Post-Award Services at UIC and comes to us with a B.A. in Business Administration & Accountancy and an M.B.A. in Accounting and Applied Linguistics from UIC. Her arrival will significantly smoothen operations in Pre-/Post-Award service, allow us to normalize its operations, and bring much appreciated relief to both Kai Jackson and Janet Nelson. Indeed, we all need to extend our sincere thanks and appreciation to Janet for her valiant efforts, hard work and tenacity throughout the restructuring period during much of which she worked alone in the Department. Thank you for being there, Janet! With an improved research infrastructure, we can begin devoting more energy to the development of a program for the growth and sustenance of research in our Department. These discussions will continue at our next Research Faculty meeting on Wednesday (04/14). Mark your calendars!

MEDIA NOTES

To see these Media Notes, place the links below in your internet browser.

Chunyu Liu, Ph.D., and his research, was highlighted in Science Life on March 17, 2010:

http://psychiatry.uchicago.edu/news/Science_Life_Liu_03_17_10.pdf

Paul Vezina, Ph.D., and his research, was highlighted in Science Life on February 1, 2010:

http://psychiatry.uchicago.edu/news/SCIENCE_LIFE_Vezina_02_01_10.pdf

Scott Hunter, Ph.D. and Emil Coccaro, M.D., were quoted in Science Life on the upcoming DSM-V on February 24, 2010:

http://psychiatry.uchicago.edu/news/SCIENCE_LIFE_Hunter_Coccaro_02_24_10.pdf

Andrea King, Ph.D., was quoted on smoking cessation and President Obama on March 8, 2010:

http://psychiatry.uchicago.edu/news/Obama_and_Smoking_Cessation_King_03_08_10.pdf

Emil Coccaro, M.D., was on CNN American Morning about Anger: March 12, 2010:

http://www.youtube.com/UChicagoMedCenter#p/c/9F0D05FBB9F8DF36/0/_UOTfxSrN0

FACULTY SPOTLIGHT



Shona Vas, Ph.D. is an Assistant Professor of Psychiatry & Behavioral Neuroscience. She received her Ph.D. in Clinical Psychology from Loyola University in Chicago in 2002. She completed her clinical internship at Illinois Masonic in 2002 and joined the Department here in 2004. She is the Director of the Cognitive-Behavioral Therapy (CBT) Program and the Associate Director for of Psychology Training. Dr. Vas provides clinical services for patients, primarily those with mood and anxiety disorders. Dr. Vas conducts individual, couples, and group assessment and psychotherapy using cognitive-behavioral principles and other evidence based treatments. She is actively involved in the Educational mission of our Department. Dr. Vas teaches an introductory and advanced course in CBT for our PGY-2s and 3s and runs a monthly CBT case conference attended by trainees at different levels. She coordinates a 9-month long Professional Issues Seminar for our psychology interns and also provides individual supervision for psychology interns and externs. Dr. Vas also presents monthly lectures on CBT for MS-3s completing their clerkship in Psychiatry. In addition to her clinical and educational work, Dr. Vas consults to the Department of Obstetrics & Gynecology; Section on Reproductive Endocrinology & Infertility. She is collaborating on a research project with Dr. Mary Stephenson, the Director of the Recurrent Pregnancy Loss Clinic to examine how couples are impacted by and cope with recurrent miscarriage. Dr. Vas can be reached by email at svas@uchicago.edu.

CLINICAL PROGRAM SPOTLIGHT



The solid organ transplant groups at University of Chicago Hospitals are supported by the transplant psychiatry program in the Department of Psychiatry. **Michael Marcangelo, M.D.**, Assistant Professor of Psychiatry and Behavioral Neuroscience and Director of Medical Student Education at the Pritzker School of Medicine, is an active member of the heart, liver, and lung transplant teams. The weekly transplant psychiatry clinic provides both diagnostic evaluations for potential recipients and post-transplant patients and ongoing psychiatric care for patients in all phases of the transplant process. Patients are also evaluated in the hospital when the acuity of their illness does not allow for outpatient evaluation. Each week, the transplant psychiatry program is represented along with surgeons, medical subspecialists, nursing, and allied health professionals at the multidisciplinary meetings at which decisions are made about the best treatment course for individual patients. Recently, a new clinical psychologist was recruited to provide psychological services and substance abuse treatment to transplant patients. In addition to their clinical work, the transplant psychiatry program also has ongoing research trials to evaluate the effectiveness of interventions for patients in need of transplant and their impact on quality of life.

TEACHING FACULTY SPOTLIGHT



Josh Kellman, M.D. is a Clinical Associate in the Department of Psychiatry & Behavioral Neuroscience, Section of Child and Adolescent Psychiatry. Dr. Kellman spends Wednesday mornings with us teaching the Development Course, leading the discussion in the multidisciplinary case conference, and supervising residents. He also participates in the on-call pool, where he supervises C&A, and General Psychiatry, residents. Dr. Kellman has a private practice, primarily psychoanalytic in nature, in Wilmette, IL. In addition to being Board Certified in C&A Psychiatry, Dr. Kellman is also a fully trained psychoanalyst who teaches at The Chicago Institute for Psychoanalysis. Dr. Kellmans' C&A training was at the University of Chicago. He completed his General Psychiatry training at the University of Michigan. Dr. Kellman continues to be active in the Chicago and American Psychoanalytic Societies, the American Psychiatric Society, and has won numerous awards including the Zanel Klein Training Award from the C&A Psychiatry Section at the University of Chicago. Dr. Kellman married Beth Fulkerson in 1996. They are the proud parents of two children, Mia and Simon. When Josh and Beth are not campaigning for their favorite politicians, they can be found relaxing at home with a cup of tea by the fire.

RESEARCH PROGRAM SPOTLIGHT



The Human Behavioral Pharmacology Laboratory (HBPL) is directed by **Harriet de Wit, Ph.D.**, Professor of Psychiatry & Behavioral Neuroscience. The HBPL conducts research studies, funded by the National Institute on Drug Abuse, investigating the mood-altering, behavioral and physiological effects of psychoactive drugs in human volunteers. The studies have several goals. Some of the studies investigate the nature and determinants of individual differences in responses to drugs. One important source of differences across individuals is variations in the genes involved in the drug's mechanism of action. Thus, in collaboration with Abraham Palmer of the Department of Human Genetics, we have examined associations between the mood-altering effects of amphetamine and variations in a number of genes involved in the receptor actions of the drug. In other studies, we are investigating the effects of drugs on responses to emotional stimuli in the environment. Thus, in addition to producing direct mood effects, such as feelings of high and euphoria, drugs of abuse may also alter perception of positive or negative stimuli in the environment, and this, in turn, may also affect drug use. We are investigating these relationships with drugs such as amphetamine, ecstasy and tetrahydrocannabinol. Scientists, Emma Childs, Megin Wardle and Amy Yang, as well as three graduate students, Mike Ballard, Nick Wignall and Margarit Datvian, also conduct studies related to the laboratory's goals.

SPOTLIGHT ON SCHOLARSHIP

Chen EY, Brown MZ, Harned M, Linehan M. A comparison of borderline personality disorder with and without eating disorders. *Psychiatry Research* 170:86-90, 2009.

Keenan K, Feng, X, Hipwell AE, Klostermann S. Depression begets depression: Comparing the predictive utility of depression and anxiety symptoms to later depression. *Journal of Child Psychology and Psychiatry* 50:1167-1175, 2009.

Heinrich TW, **Marcangelo M**. Psychiatric issues in solid organ transplantation. *Harvard Review of Psychiatry* 176:398-406. 2009.

Velez L, Sokoloff G, Miczek KA, Palmer AA, **Dulawa SC**. Differences in aggressive behavior and DNA copy number variants between BALB/cJ and BALB/cByJ substrains. *Behavior Genetics* 40:201-10, 2010.

Karnik NS, Soller MV, Redlich A, Silverman MA, Kraemer HC, Haapanen R, Steiner H. Prevalence differences of psychiatric disorders among youth after nine months or more of incarceration by race/ethnicity and age. *J Health Care Poor Underserved* 21:237-50, 2010.

Je Grange D, Lock J, Loeb K, Nicholls D. Academy for Eating Disorders Position Paper: The Role of the Family in Eating Disorders. *Int J Eat Disorders* 43:1-5, 2010.

SPOTLIGHT ON TRAINEES

TRANSITIONS ~ Psychology Interns:

Our graduating Clinical Psychology Interns are all planning to continue their training as post-docs:



Stephanie Assuras will be a Postdoctoral Fellow in Clinical Neuropsychology at MGH-Harvard, in Boston, this July.



Kelly Berg will be a T32 Research Fellow in Eating Disorders at the University of Minnesota, in Minneapolis, this July.



Jennifer Ediden will be a Post-Doctoral Scholar working with Scott Hunter, Ph.D., here in our Department, this July.



Mathew Thornton will be a Post-Doctoral Fellow in Clinical Neuropsychology at Beth Israel Hospital-Harvard, in Boston, this July.

SPOTLIGHT ON TRAINEES

We are pleased to announce the new Chief Residents for the 2010/2011 academic year, Dr. Thomas Cantey and Dr. Madhukar Kumar, each of whom brings leadership, commitment to clinical psychiatry and a strong interest in teaching to the role of Chief.



Dr. Cantey attended Yale University as an undergraduate and is a graduate of the Pritzker School of Medicine at the University of Chicago. Both while in medical school and as a resident, he has been passionate about in medical student teaching. In February 2009, Dr. Cantey was selected as one of six residents drawn from the entire Biological Sciences Division to receive the Arnold P. Gold Foundation Humanism and Excellence in Teaching Award, chosen by the third year class of Pritzker students on the basis of his demonstrated professionalism and his stature as a role model. Dr. Cantey plans a career in Child and Adolescent Psychiatry, and hopes to devote part of his final year of adult training to research in medical education.



Dr. Kumar received his M.B.B.S. at Patna Medical College in India, and trained as a Senior House Officer in Psychiatry at Guy's, King's and St. Thomas' Hospitals in London and elsewhere in the United Kingdom. He was awarded membership in the Royal College of Psychiatrists (MRCPsych) in 2005. He has broad interests in the field of psychiatry as well as in teaching medical students and residents. Dr. Kumar is exploring fellowship plans for further training after residency.

SPOTLIGHT ON ADMINISTRATION



Kai Jackson, M.B.A.

Who is Kai otherwise? Kai is married to a loving husband who is a stay-at-home dad and an extraordinary drummer. She is the mother of a highly spirited 3 year old son, NeKo, who has forced her to explore parts of herself that she never knew existed. She is also the daughter of two parents who, with very little financially, taught her how to navigate through this world. She says, "it is their love and guidance that shaped my character and I am eternally thankful."

Music is Kai's great passion and she listens to all genres. "It rejuvenates my spirit." Nneka's Concrete Jungle is the latest CD in her player and it motivates her on many different levels. Her favorite critical thinkers are Bell Hooks, Cornel West, and Rebecca Walker. Organic/sustainable living is Kai's new found passion and she is very excited about the small changes she and her family have made. Kai says she wishes to travel the world but not until she has finished parenting her child. "I owe him my best so that he can be the best person he can be."

CLINICAL PROGRAMS

Adult Psychiatry Programs:

Mood Disorder Program*
Anxiety Disorder Program*
Personality Disorder Program*
Aggression Disorder Program*
Obesity Program*
Psychotic Disorder Program*

Inpatient Psychiatry
Consultation-Liaison Psychiatry
Adult Clinical Neuropsychology

Child & Adolescent Programs:

Mood & Anxiety Disorder Program*
ADHD and Disruptive Disorder Program*
Developmental Disorder Program*
Eating Disorder Program*

Inpatient Psychiatry
Consultation-Liaison Psychiatry
C&A Clinical Neuropsychology

***Call Intake @ (773) 702-3858**

RESEARCH PROGRAMS

Behavioral Genetic Studies of Aggression and Antisocial Behavior (Dr. Jacobson)

Behavioral Neuroscience Research Laboratory (Dr. Vezina)

Biologic & Pharmacologic Treatment Studies of Impulsive Aggression (Dr. Coccaro)

Biological and Treatment Studies of Nicotine and Alcohol Addiction (Dr. King)

Biological Studies of Stress and Personality (Dr. Lee)

Eating Disorder Treatment Studies (Dr. le Grange)

Human Neuropsychopharmacology (Dr. de Wit)

Molecular Genetics of Mood & Psychotic Disorders (Drs. Gershon, Badner, and Liu)

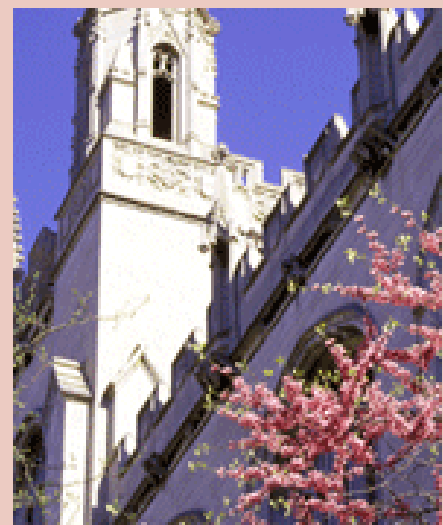
Molecular Psychopharmacology (Dr. Dulawa)

Multi-Cultural Health Research Program (Dr. Sanchez-Johnsen)

Obesity Research Treatment Studies (Dr. Chen)

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We're On the Web:

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