



AT THE FOREFRONT
**UChicago
Medicine**

Department of Psychiatry & Behavioral Neuroscience Psychiatry Training Program



"The defining mission of our residency training program is to prepare our graduates to be competent, well-informed, caring clinicians and scientists who are prepared to manage any challenge in psychiatry by utilizing the latest scientific information and by critically applying sound reasoning skills. We prepare our graduates to be dedicated to their patients, colleagues and to their own continued learning. We emphasize intellectual discourse, interdisciplinary work, and collaborative education."

The University of Chicago is often known as the teacher of teachers. Education is of central importance in our Department: we are all teachers and students at the same time, for it is through teaching that we learn best. While not all residents go on to careers in academia or research, all residents are prepared for a lifetime of learning and teaching by being able critically to assess new information and add it to their knowledge base and skill sets. With the rapid development of knowledge in psychiatry and the neurosciences, this ability is perhaps the most important one a training program can offer its residents."

- Deborah Spitz, MD

Vice Chair for Education and Academic Affairs, Residency Training Director



Quick Facts

Program Director:

Deborah Spitz, MD

dspitz@bsd.uchicago.edu

Assistant Program Director:

Zehra Aftab, MD

Zehra.Aftab@uchospitals.edu

Coordinator:

Brandy Tyrpin, BHA

btyrpin@voda.bsd.uchicago.edu

<https://psychiatry.uchicago.edu/education/psychiatry-residency>

Didactics

PGY1: Thursday PM

PGY2: Tuesday PM

**PGY3: Tuesday AM
Thursday PM**

PGY4: Thursday PM

Offices

PGY1: Share a group office

PGY2-4: All have individual offices

Call Frequency

PGY1-2: Three calls per month
(on average) with graded
responsibilities and
independence.

PGY3-4: In house moonlighting
available including PGY1
backup call

Stipend (2020-2021)

PGY1 - \$61,800

PGY2 - \$65,714

PGY3 - \$67,980

PGY4 - \$71,070

Time Off

Vacation: 20 days (paid)

Sick Leave: 5 days (paid)

Medical Leave: Up to 4 weeks (paid)
runs concurrent with FMLA

Education Days: Time off to attend
conferences and meetings is
permitted with approval from
the Program Director

Training Directors



Deborah Spitz, M.D., Psychiatry Residency Training Director

A Board Certified adult psychiatrist, she received her MD from the University of Pennsylvania and completed her psychiatric residency and fellowship at the University of Chicago. She was the recipient of an NIMH Junior Faculty Development Award in 1982, and served on the faculty at The University of Chicago until 1988. For the next 12 years, she was on the faculty at Tufts-New England Medical Center, where she directed the adult residency training program, before relocating to the United Kingdom. After spending three years practicing in the NHS in Britain, Dr. Spitz re-joined the faculty at the University of Chicago in 2003. Throughout her career Dr. Spitz has received numerous teaching awards, has been the President of the Association for Academic Psychiatry, and has been active in the American Psychiatric Association and the Association for the Advancement of Philosophy and Psychiatry.



Zehra Aftab, M.D., Assistant Psychiatry Residency Training Director

A Board Certified adult psychiatrist, she received her MD from the University of Buffalo and completed her psychiatric residency at Thomas Jefferson University Hospital in Philadelphia. She then completed her Psychosomatic Medicine Fellowship at the University of Chicago. She worked at Northshore University Health Systems for one year prior to returning to join the faculty at the University of Chicago, where she served as Inpatient Attending at Ingalls Hospital and now runs the Women's Mental Health Clinic, the Transplant Clinic, and attends on the Consultation-Liaison Service at the University of Chicago Hospital.

Courses

All Residents

Year long

- Resident Process Group
- C/L Case Conference
- Resident Education Committee
- Journal Club
- Research Mentorship Group

Summer

- Residents as Teachers

Autumn/Winter/Spring

- Clinical Case Conference
- CBT Case Conference*
- Interdisciplinary Case Conference*
- Advanced Psychopharmacology

* monthly conference

	Summer	Autumn	Winter	Spring
PGY 1	Intro to Residency	Phenomenology		
	Patient Safety	Clinical Skills		
	Emergency Psychiatry	Psychopharmacology	Intro to Neuroanatomy	Medical Issues in the Psychiatric Patient
	Psychopathology			
	Addictions			
PGY 2	Intro to Psychotherapy	Intro to Psychodynamic Psychotherapy		Intro to CBT
	Development	Child Psychopathology	Ethics	Family Therapy
	Psychopharmacology II	Geriatric Psychiatry	Psychosomatics	Neuropsychiatry
	Systems of Care	Research Introduction	Research Statistics	Neurobiology
	Psychological Testing			
PGY 3	Group Psychotherapy	Longitudinal Case Conference		Adv. Psychodynamic Theories
	Neurobiology	Psychiatric Neuroscience		Forensic Psychiatry
	CBT Group Supervision		Cultural Psychiatry	
PGY 4	Chief Residency with Administrative Supervision (Required)			
	Research Project (Required)			
	Electroconvulsive Therapy Rotation (Required)			
	Elective: Intensive Sequence and Readings; Teaching and Clinical Electives (arranged individually)			

Clinical Rotations

PGY 1	Medicine and Neurology Rotations (UCM) - 6 months					Psychiatry Rotations - 6 months					
	2 MONTHS		2 MONTHS		2 MONTHS		2 MONTHS		2 MONTHS		
	Adult Neurology <i>or</i>		Inpatient Medicine	Emergency Medicine	Consult Medicine	Inpatient Psychiatry UCM ING	Inpatient Psychiatry (NS)	Consult Liaison Psychiatry (UCM)			
	Adult Neurology	Pediatric Neurology		Pediatrics and Peds EM							
PGY 2	Psychiatry Rotations 12 months										
	2 MONTHS		2 MONTHS		2 MONTHS		2 MONTHS		2 MONTHS		
	Inpatient Psychiatry UCM ING		Inpatient Psychiatry (NS)		Consult Liaison Psychiatry (UCM)		Emergency Psychiatry (UCM)	Community Psychiatry (NS, TH)	Chemical Dependency (IUCM ING)		
							MAC Chronic Care Clinic (UCM)				
• 2 to 3 hours per week of psychotherapy patients										• 1 month Child Psychiatry elective available during Community or Chemical Dependency	
PGY 3	UCM Outpatient Clinics - 12 months										
	6 MONTHS					6 MONTHS					
	Adult General Psychiatry Clinic (12 Months)										
	Child Psychiatry Clinic (12 Months)										
	Three 6-Month Clinics					Three 6-Month Clinics					
	<u>Offered Six Month Clinics</u> Required: Geriatrics and one Med/Psych Clinic (either General Med/Psych, Transplant, or Psycho-Oncology) Elective: Neuropsychiatry, Personality Disorders, Anxiety Disorders, Addictions, Student Counseling, Memory Clinic, Women's Mental Health										
	• 8 hours weekly of ongoing psychotherapy patients including CBT, psychodynamic, supportive psychotherapy, and group therapy										
UCM University of Chicago Medicine UCM ING Ingalls Hospital NS NorthShore Evanston Hospital TH Thresholds											

PGY 4

Outpatient Care, Research, and Electives

REQUIRED

Administrative Psychiatry Experience, Chief Residencies:

- Overall Chief at UCM
- Chief of Inpatient (UChicago Ingalls, NS), Consult Liaison (UCM), Emergency Psychiatry (UCM) or Outpatient Clinics (UCM)

Research in Psychiatry:

- Research project in clinical or basic science to be formally presented to the Department at year's end

Electroconvulsive Therapy (ECT) Rotation:

- Participate for 1-2 months in pre-ECT evaluations and thrice weekly treatments

Forensic Psychiatry:

- Write up one case under faculty supervision

QA/QI Project

ELECTIVE

Elective Options:

- Research - can spend up to 75% time doing research
- ECT - 3 month rotation to gain certification of advanced training
- Intensive Sequence Psychodynamic Psychotherapy
- Student Counseling Service at U of C
- Rotations in Sleep, Geriatrics, or Pain Clinics at UCM
- Women's Mental Health
- Outpatient Psychiatry Clinics
- Extended Forensic Psychiatry Experience

Institutional Fellowships

- MERITS Fellowship (Medical Education Research, Innovation, Teaching and Scholarship)
- MacLean Center for Medical Ethics Fellowship

Scholarship Tracks in PGY 3 and 4

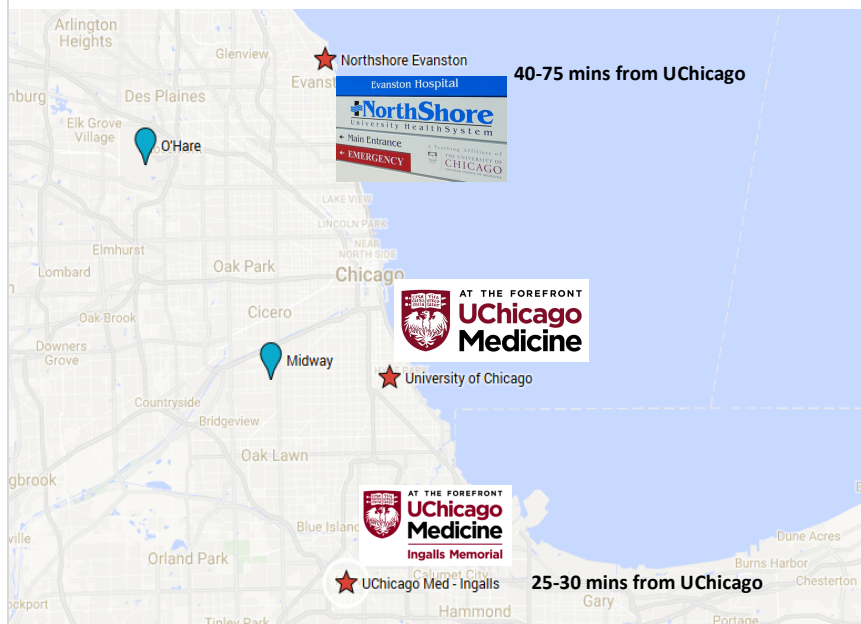
Clinical Scholars Track

- Applied for during PGY-2 year, protects at least one half day longitudinally during PGY-3-4.
- Clinical Scholars are connected with a mentor engaged in clinical research or education.
- Mentorship and statistical support, expectations include completion of scholarly products.

Research Track

- Individually negotiated depending on the scope of the proposed project(s).

Site Locations and Travel Times



Current Residents



Zachary Bean, MD
PGY 1

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Marcel Bertsch-Gout, MD
PGY 1

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John Lacci, MD
PGY 1

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Alana Peters, MD
PGY 1

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Robert Ratajczak, MD
PGY 1

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Marissa Robertson, MD
PGY 1

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Stephanie Eng, MD
PGY 2

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Karin Lavie, MD
PGY 2

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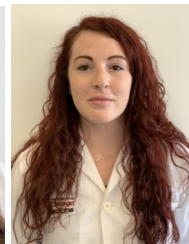
Michael Levin, MD
PGY 2

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Laura Rosas, MD
PGY 2

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Nicole Shaw, MD
PGY 2

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Ana Wagener-Sobrero, MD
PGY 2

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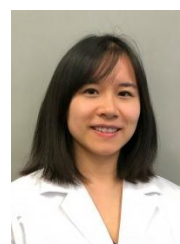
Amber Bard, MD
PGY 3

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Austin Blum, MD
PGY 3, Clin Scholar Track

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Han Deng, MD
PGY 3

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Gabrielle Forestier, MD
PGY 3

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Katie Washington Cole, MD
PGY 3, Clin Scholar Track

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Jordan Weil, MD
PGY 3, Clin Scholar Track

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Eunjin Jang, MD
PGY 4

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Diandra Lucia, MD
PGY 4, Clin Scholar Track

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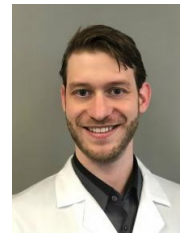
Karla Garcia-DiGolia, MD
PGY 4

Karla.Garcia-Huerta@uchospitals.edu



Lala Park, MD
PGY 4, Clin Scholar Track

Lala.Way@uchospitals.edu



Samuel Russell, MD
PGY 4

Samuel.Russell@uchospitals.edu

Recent Graduates

2020	Lucas Coppes, MD	Addiction Psychiatry Fellowship, University of Colorado
	Martin Greenwald, MD	Private Practice, Schaumburg IL
	Shivani Kumar, MD	Consultation-Liaison Psychiatry Fellowship, University of Chicago
	Jessica Stier, MD	Private Practice, Rockford IL
2019	D. Ashkawn Ehsan, MD	Faculty, University of Chicago ECT Service, LGBTQ Clinic
	Michel Medina, MD	Neuropsychiatry Fellowship, Stanford
	Louisa Olushoga, MD	Women's Mental Health Fellowship, Northwestern
	Lauren Robinson, MD	Forensic Fellowship, Northwestern
	Kristina Thurin, MD	Neuropsychiatry Fellowship, Brigham and Women's Hospital
2018	Derrick Farmer, MD	Practice, Compass Health Center PHP, Chicago IL
	Larry Gaines, MD	Practice, Prison Psychiatry, Chicago IL
	Jorel Martinez, MD	Practice, Orlando FL
	Ryan Rosenberger, MD*	Child and Adolescent Fellowship, University of Chicago
	Yusuf Salah, MD	Practice, Ingalls Hospital and Khalil Center, Chicago IL
	Amanda Wachtel, MD	Forensic Psychiatry Fellowship, UCLA
	Kathryn Weaver, MD	Child & Adolescent Fellowship, UCLA

* Denotes resident transferred after PGY-3 year to Child Fellowship

2017	Julie Land, MD*	Child and Adolescent Fellowship, University of Illinois Chicago
	Paige Marnell, MD	Addictions Fellowship, University of Texas Southwestern
	Keely Elgethun, MD	Practice, Riveredge Hospital Chicago, IL
	Joan Roig Llesuy, MD	Psychosomatic Medicine Fellowship, New York University; Faculty, NYU
2016	Carolyn Shima, MD	Forensic Fellowship, Saint Louis University; Faculty, Univ of Chicago
	Vijay Gorrepati, MD	Practice, Austin TX
	Kavita Jayaswal, MD*	Child and Adolescent Fellowship, University of Chicago
	Mark Neahring, MD	Practice, Central DuPage Hospital, IL
	Nicholas Reid, MD	Practice, Uptown Psychiatry, Chicago, IL
	Phillipe Gerard Tapon, MD	Practice, Advocate Masonic Hospital, Chicago, IL
	Yana Yanovskaya, MD	Practice, Kaiser Permanente, Fresno, CA

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University of Chicago
Department of Psychiatry & Behavioral Neuroscience
Adult Psychiatry Residency Program
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<https://psychiatry.uchicago.edu/education/psychiatry-residency>



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