The defining mission of our residency training program is to prepare our graduates to be competent, well-informed, caring clinicians and scientists who are prepared to manage any challenge in psychiatry by utilizing the latest scientific information and by critically applying sound reasoning skills. We prepare our graduates to be dedicated to their patients, colleagues and to their own continued learning. We emphasize intellectual discourse, interdisciplinary work, and collaborative education.

The University of Chicago is often known as the teacher of teachers. Education is of central importance in our Department: we are all teachers and students at the same time, for it is through teaching that we learn best. While not all residents go on to careers in academia or research, all residents are prepared for a lifetime of learning and teaching by being able critically to assess new information and add it to their knowledge base and skill sets. With the rapid development of knowledge in psychiatry and the neurosciences, this ability is perhaps the most important one a training program can offer its residents.”

- Deborah Spitz, MD
Vice Chair for Education and Academic Affairs, Residency Training Director
Deborah Spitz, M.D., Psychiatry Residency Training Director
A Board Certified adult psychiatrist, she received her MD from the University of Pennsylvania and completed her psychiatric residency and fellowship at the University of Chicago. She was the recipient of an NIMH Junior Faculty Development Award in 1982, and served on the faculty at The University of Chicago until 1988. For the next 12 years, she was on the faculty at Tufts-New England Medical Center, where she directed the adult residency training program, before relocating to the United Kingdom. After spending three years practicing in the NHS in Britain, Dr. Spitz re-joined the faculty at the University of Chicago in 2003. Throughout her career Dr. Spitz has received numerous teaching awards, has been the President of the Association for Academic Psychiatry, and has been active in the American Psychiatric Association and the Association for the Advancement of Philosophy and Psychiatry.

Zehra Aftab, M.D., Assistant Psychiatry Residency Training Director
A Board Certified adult psychiatrist, she received her MD from the University of Buffalo and completed her psychiatric residency at Thomas Jefferson University Hospital in Philadelphia. She then completed her Psychosomatic Medicine Fellowship at the University of Chicago. She worked at Northshore University Health Systems for one year prior to returning to join the faculty at the University of Chicago, where she served as Inpatient Attending at Ingalls Hospital and now runs the Women’s Mental Health Clinic, the Transplant Clinic, and attends on the Consultation-Liaison Service at the University of Chicago Hospital.

Courses

<table>
<thead>
<tr>
<th>All Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Year long</strong></td>
</tr>
<tr>
<td>• Resident Process Group</td>
</tr>
<tr>
<td>• C/L Case Conference</td>
</tr>
<tr>
<td>• Resident Education Committee</td>
</tr>
<tr>
<td>• Journal Club</td>
</tr>
<tr>
<td>• Research Mentorship Group</td>
</tr>
<tr>
<td><strong>Summer</strong></td>
</tr>
<tr>
<td>• Residents as teachers</td>
</tr>
<tr>
<td><strong>Autumn/Winter/Spring</strong></td>
</tr>
<tr>
<td>• Clinical Case Conference</td>
</tr>
<tr>
<td>• CBT Case Conference*</td>
</tr>
<tr>
<td>• Interdisciplinary Case Conference*</td>
</tr>
<tr>
<td>• Advanced Psychopharmacology</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Training Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deborah Spitz, M.D., Psychiatry Residency Training Director</td>
</tr>
<tr>
<td>Zehra Aftab, M.D., Assistant Psychiatry Residency Training Director</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Courses</th>
<th>Summer</th>
<th>Autumn</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>PGY 1</td>
<td>Intro to Residency</td>
<td>Phenomenology</td>
<td>Emergency Psychiatry</td>
<td>Psychopharmacology</td>
</tr>
<tr>
<td></td>
<td>Patient Safety</td>
<td>Clinical Skills</td>
<td>Psychopathology</td>
<td>Addictions</td>
</tr>
<tr>
<td>PGY 2</td>
<td>Intro to Psychotherapy</td>
<td>Intro to Psychodynamic Psychotherapy</td>
<td>Intro to CBT</td>
<td>Development</td>
</tr>
<tr>
<td></td>
<td>Psychopharmacology II</td>
<td>Geriatric Psychiatry</td>
<td>Psychosomatics</td>
<td>Systems of Care</td>
</tr>
<tr>
<td></td>
<td>Psychological Testing</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PGY 3</td>
<td>Group Psychotherapy</td>
<td>Longitudinal Case Conference</td>
<td>Adv. Psychodynamic Theories</td>
<td>Neurobiology</td>
</tr>
<tr>
<td></td>
<td>CBT Group Supervision</td>
<td>Cultural Psychiatry</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PGY 4</td>
<td>Chief Residency with Administrative Supervision (Required)</td>
<td>Research Project (Required)</td>
<td>Electroconvulsive Therapy Rotation (Required)</td>
<td>Elective: Intensive Sequence and Readings; Teaching and Clinical Electives (arranged individually)</td>
</tr>
</tbody>
</table>

* monthly conference
## Clinical Rotations

### PGY 1

<table>
<thead>
<tr>
<th>Medicine and Neurology Rotations (UCM) - 6 months</th>
<th>Psychiatry Rotations - 6 months</th>
</tr>
</thead>
</table>
| Adult Neurology or Adult Neurology | Inpatient Medicine, Emergency Medicine
| or Pediatric Neurology | Consult Medicine
| Pediatrics and Peds EM | Inpatient Psychiatry, UCM ING
| | Inpatient Psychiatry (NS), Consult Liaison Psychiatry (UCM) |

### PGY 2

<table>
<thead>
<tr>
<th>Psychiatry Rotations 12 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult General Psychiatry Clinic (12 Months)</td>
</tr>
<tr>
<td>6 MONTHS</td>
</tr>
<tr>
<td>Child Psychiatry Clinic (12 Months)</td>
</tr>
<tr>
<td>6 MONTHS</td>
</tr>
</tbody>
</table>

### PGY 3

<table>
<thead>
<tr>
<th>UCM Outpatient Clinics - 12 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult General Psychiatry Clinic (12 Months)</td>
</tr>
<tr>
<td>6 MONTHS</td>
</tr>
<tr>
<td>Child Psychiatry Clinic (12 Months)</td>
</tr>
<tr>
<td>6 MONTHS</td>
</tr>
</tbody>
</table>

**Offered Six Month Clinics**
- Required: Geriatrics and one Med/Psych Clinic (either General Med/Psych, Transplant, or Psycho-Oncology)
- Elective: Neuropsychiatry, Personality Disorders, Addictions, Student Counseling, Memory Clinic, Women's Mental Health, LGBTQ

**UCM Outpatient Clinics - 12 months**

- Adult General Psychiatry Clinic (12 Months)
- Child Psychiatry Clinic (12 Months)

**Required**
- Geriatrics and one Med/Psych Clinic (either General Med/Psych, Transplant, or Psycho-Oncology)
- Neuropsychiatry, Personality Disorders, Addictions, Student Counseling, Memory Clinic, Women's Mental Health, LGBTQ

**Elective**
- Research Project in clinical or basic science to be formally presented to the Department at year’s end
- Neuropsychiatry, Personality Disorders, Addictions, Student Counseling, Memory Clinic, Women’s Mental Health, LGBTQ
- Outpatient Psychiatry Clinics
- Extended Forensic Psychiatry Experience

**Institutional Fellowships**
- MERITS Fellowship (Medical Education Research, Innovation, Teaching and Scholarship)
- MacLean Center for Medical Ethics Fellowship

### Scholarship Tracks in PGY 3 and 4

**Clinical Scholars Track**
- Applied for during PGY-2 year, protects at least one half day longitudinally during PGY-3-4.
- Clinical Scholars are connected with a mentor engaged in clinical research or education.
- Mentorship and statistical support, expectations include completion of scholarly products.

**Research Track**
- Individually negotiated depending on the scope of the proposed project(s).

### Site Locations and Travel Times

- **UCM**: University of Chicago Medicine
- **UCM ING**: Ingalls Hospital
- **NS**: NorthShore Evanston Hospital
- **TH**: Thresholds

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**Clinical Scholars Track**

- **University of Chicago**
- **NorthShore Evanston Hospital**

- **40-75 mins from UChicago**

- **University of Chicago Medicine**

- **25-30 mins from UChicago**
Current Residents

Heba Haleem, MD
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Sabrina Coppedge, MD
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Margaret O’Brien, MD
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Zachary Bean, MD
PGY 4, Chief Resident
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Marcel Bertsch-Gout, MD
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John Lacci, MD
PGY 4
John.Lacci@uchicagomedicine.org

Alana Peters, MD
PGY 4
Alana.Peters@uchicagomedicine.org

Robert Ratajczak, MD
PGY 4, Chief Resident
Robert.Ratajczak@uchicagomedicine.org

Laura Rosas, MD
PGY 4
Laura.Rosas@uchicagomedicine.org

Lucas Coppes, MD
Addiction Psychiatry, Now Faculty at University of Colorado

Martin Greenwald, MD
Central DuPage Inpatient Psychiatry

Shivani Kumar, MD
CI Fellowship now Faculty, University of Chicago

Jessica Siter, MD
Private Practice, Rockford IL

2020

D. Ash Ehsan, MD
Faculty, University of Chicago ECT Service, LGBTQ Clinic

Michel Medina, MD
Faculty Kaiser Permanente, Neuropsychiatry Fellowship, Stanford

Louisa Olushoga, MD
Practice Lawndale Christian Health Center Chicago, IL

Lauren Robinson, MD
Forensic Fellowship, Northwestern University, Private Practice

Kristina Thurin, MD
Neuropsychiatry Fellowship, Brigham and Women’s Hospital Faculty The Ohio State University

Derrick Farmer, MD
Practice, Compass Health Center PHP, Chicago IL

* Denotes resident transferred after PGY-3 year to Child Fellowship

University of Chicago
Department of Psychiatry & Behavioral Neuroscience
Psychiatry Residency Program
5841 South Maryland Avenue, MC 3077
Chicago, IL 60637
https://psychiatry.uchicago.edu/education/psychiatry-residency

Recent Graduates

2023

Stephanie Eng, MD
Forensic Psychiatry Fellowship, Yale

Karim Lavie, MD
Substance Abuse Fellowship, UCSF

Nicole Shaw, MD
Faculty, University of Colorado

Ana Wagener-Sobrero, MD
Private Practice

Marissa Robertson*
Child and Adolescent Fellowship, University of Chicago

Ambar Bard, MD
Group Practice, Schaumburg, IL

Austin Blum, MD
Forensic Fellowship UC Davis

Han Deng, MD
Practice, Chicago, IL

Michael Levin, MD*
Child and Adolescent Fellowship Vanderbilt University

Katie Washington Cole, MD, PhD
Addiction Psychiatry Fellowship at UIC/Jesse Brown VA

Jordan Weil, MD
Attending, State Hospital Massachusetts

Karla Garcia-DiGiola, MD
Compass Health Center IOP-Chicago, Illinois

Eunjin Jang, MD
Private Practice-Seattle, Washington

Diandra Lucia, MD
Faculty, University of Chicago Inpatient Psychiatry and ER

Samuel Russell, MD
Substance Abuse Fellowship, University of Washington

Lala Park, MD
Substance Abuse Fellowship, University of Washington

2022

2021

2019

* Denotes resident transferred after PGY-3 year to Child Fellowship